



**Bladder Health UK**

Bladder Health UK is a national, patient-based information and support charity. Predominantly we provide resources for patients although increasingly we are finding people within the medical

profession are interested in our work and want to share knowledge. We are a registered charity, founded in 1994 and are dedicated to helping people with all forms of chronic bladder illness.

## Support

Finding ways to cope with chronic bladder illness is often a slow, painful and bewildering experience. Our advice line receives many calls from newly diagnosed patients and those wishing to seek more information and help. Our confidential Advice Line is open from 9.30am until 2.00pm Monday to Friday.



**Advice Line: 0121-702-0820**

We have an ever-expanding membership in the UK and also some overseas interest. Membership is increasing amongst health care professionals who wish to learn more about chronic bladder illness and the current therapies and treatments that are being used to help relieve patient symptoms.

Our members magazine 'Your Bladder Health' is published three times a year. We regularly publish current research information, case studies and topical subjects relating to bladder health and patient self-help.

## Our Vision

To work in partnership with key stakeholders to aim for a future free from the pain, stigma and isolation of bladder illness.

We will do this by...

- Ensuring people with bladder health issues can expect a consistent level of healthcare, support and treatment.
- Encouraging research into new treatments and personal management strategies
- Working pro-actively with other like-minded organisations and charities to raise the profile of bladder illness issues.



## Mission Statement

**To help people live positively with bladder illness through the provision of personalised support and care.**

Commitment to our members: we will...

- share your journey to better bladder health
- provide you with support and contact with others with similar conditions and concerns.
- be a trustworthy source of information and advice on the most up-to-date and available treatment options
- elevate patient concerns to ensure your voice is heard.
- give you the confidence to make the right choice for you and your bladder health.

## What Do We Provide For Patients?

For patients Bladder Health UK provides:

- A confidential advice line on bladder illness, offering support to newly diagnosed patients.
- A UK network of support groups throughout the United Kingdom run by volunteers
- 2 regional patient seminars a year
- over 80 factsheets, handbooks, leaflets and helpful DVDs
- a low annual membership £20.00 (concessions available)
- a free information pack for new members, recipe book, diet information and much more
- A membership, 40 page magazine, containing articles on the latest treatments and research written by professionals
- active social media sites on Facebook, You Tube and Twitter
- the largest bladder related online message forum in Europe, also available for resource searches
- Access to a 'members only' forum on the website

[www.bladderhealthuk.org](http://www.bladderhealthuk.org)

## What Do We Provide For Health Care Professionals?

For Health Care Professionals we provide

- database search facility to invite hundreds of patients to take part in research projects/surveys
- support and funding for bladder research
- website information with links to other support groups
- patient support and help, with group meetings throughout the UK
- a free information pack with leaflets and posters for urology clinics and hospital/surgery leaflet boards
- support for your patients and their families.



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**Living Positively With Bladder Illness!**

## Where is Bladder Health UK based?

Bladder Health UK is located in Birmingham but our staff deal with queries from all over the UK. Our aim is to provide an accessible central base within the United Kingdom for patients, consultants and health care professionals. We are funded by membership subscriptions and are continually looking for ways to promote our organisation and expand the membership as this in turn, helps us to achieve our stated aims.



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**Living Positively With Bladder Illness!**

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**WHAT DO WE DO?**